

## Patient Information Leaflet.



Please read this Leaflet carefully before you start taking Enterosgel®. Keep this Leaflet. You may need to read it again. If you have any further questions, ask your doctor or pharmacist.

### 1. What is Enterosgel® and what it is used for?

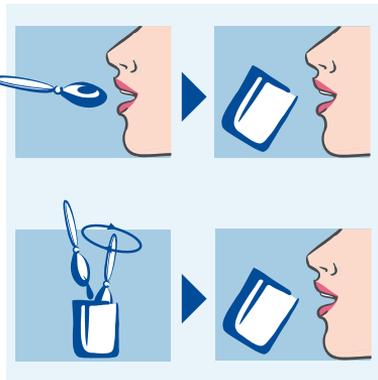
Enterosgel® is an innovative intestinal adsorbent developed for binding toxins, allergens, pathogens and other harmful substances in the gastrointestinal tract, to help remove them from the body.

ENTEROSGEL® is an adjuvant treatment for diarrhoea and is used in children and adults in the following conditions:

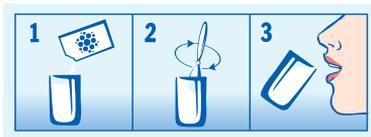
- ✓ **Acute diarrhoea (Gastroenteritis).**
- ✓ **Allergies with gastrointestinal symptoms** (Not used for treatment of anaphylactic shock)
- ✓ **Irritable Bowel Syndrome with diarrhoea (IBS-D).**

### 2. How should I take Enterosgel®

#### Enterosgel® in a tube:



#### Enterosgel® in a sachet:



Age	Dosage	How Often
Child 1-6 years old	1 teaspoon or 5g	3 times a day
	or 1/3 of sachet	
Child 7-14 years old	2 teaspoons or 10g	3 times a day
	or 1/2 of sachet	
15+ and adults	1-1,5 tablespoon or 15 to 22.5g	3 times a day
	1-1,5 sachet	

- For children 1 to 3 years old Enterosgel® can be used under advice of a doctor. Enterosgel® should be administered orally 1-2 hours before or after a meal. When this product is taken it is recommended to wash it down with sufficient quantity of water or dilute the dose in water of room temperature prior to its administration (in 200 ml of water for adults and children 7 and over, 50-100 ml of water for children aged 1-6).
- Enterosgel® may affect the absorption of some medicines that are administered orally – use Enterosgel® 1-2 hours before or after taking medication. If you are taking any medication, you may also consult with your doctor or pharmacist regarding taking Enterosgel®.
- If there is blood in the stools, signs of dehydration or symptoms have continued for more than 2 days, seek medical advice especially in the case of children.

### 3. Contraindications

Intestinal atony (severe constipation due to bowel obstruction). Intolerance, based on prior use of ENTEROSGEL®.

### 4. Pregnancy and breastfeeding

Enterosgel® can be taken during pregnancy and breastfeeding. It is recommended to speak to your GP or midwife if you are unwell during pregnancy.

### 5. Possible side effects

Constipation, nausea, vomiting.

### 6. Additional information

**Composition:** polymethylsiloxane polyhydrate (methylsilicic acid hydrogel) – 70%, water purified – 30%.

Enterosgel is free from preservatives, colouring, gluten, fat, sugar, lactose, flavours and sweeteners.

#### Packaging:

Oral suspension in tube 225g, tube 90g, sachet 15g (10 sachets per package).

#### Note:

Please, shake the tube or a sachet well before use. When squeezing Enterosgel® out of the tube or a sachet some amount of liquid may appear.

#### Storage parameters:

Store at temperatures of 4-25°C. Keep out of the reach and sight of children. Avoid drying out after opening the package. Do not freeze! Use the tube within 30 days after opening. Use a sachet within 24 hours after opening.

#### Shelf life:

Three years. Not to be used beyond the expiry date indicated on the package.

#### What to do if the package is damaged:

Do not use the product if the package is damaged.

**Date of last revision:** 14 October 2016

## Useful information on the mechanism of action of Enterosgel®

The gastrointestinal tract plays an essential role in maintaining good health: delivers necessary nutrients; serves as one of the main routes of elimination of harmful substances and toxins; performs barrier and immune functions.

### Causes of diseases and symptoms

Acute exposure of the gastrointestinal tract to pathogens, toxins, allergens, and xenobiotics (pesticides, radionuclides, salts of heavy metals, etc.) results in development of gastrointestinal infections, intoxication and allergic reactions. Vital bodily functions are associated with the production of harmful and toxic metabolites. Part of them having reached the gut are usually eliminated from the body with faeces, but some of harmful substances may be reabsorbed into the bloodstream again and transported back to the liver, remaining in the enterohepatic circulation. The most common symptoms of acute intoxication include a feeling of general malaise, headache, nausea, vomiting, diarrhoea, allergic manifestations, and elevated body temperature.

### What can be done?

Detoxification – elimination of toxins and pathogens from the gastrointestinal tract – is an important step towards achieving recovery, optimal health and longevity. The active substance of Enterosgel® is an organosilicon compound -polymethylsiloxane polyhydrate. It has a porous structure, and a gel-like consistency. This allows Enterosgel® to bind harmful substances to its surface and remove them from the body. Detoxification leads to improvement of general well-being, normalization of digestion and augmentation of resistance to infection, and helps the body work under optimal conditions.



### Explanation of graphic symbols on package:



Certified medical device



Disposable packaging. Dispose of used packaging in appropriate waste receptacle.



Packaging can be recycled



A fee for the national packaging management system has been paid for this packaging.



Medical device  0088

**Manufacturer:**  


Bioline Products s.r.o., Krakovská 1338/10,  
110 00 Prague 1, Czech Republic  
tel./fax: + 420 266 317 783  
e-mail: [info@enterosgel.eu](mailto:info@enterosgel.eu)  
[www.enterosgel.eu](http://www.enterosgel.eu)

### Exclusive Distributor in the UK:

EnteroMed Ltd  
10 John Street London, WC1N2EB  
[info@enterosgel.co.uk](mailto:info@enterosgel.co.uk)  
[www.enterosgel.co.uk](http://www.enterosgel.co.uk)